



COVID Update from Ed Senior, Principal

Dear Students, Parents and Carers

We have been advised today that one of our students has a confirmed case of COVID-19. We have followed the national guidance and that of Public Health England and I have contacted all students who need to isolate as a result of the guidance I have been given by the local health protection team.

We are continuing to monitor the situation and are working closely with Public Health England who have asked me to share the following advice and to inform you of the current situation. The College remains open and providing students remain well they can continue to attend College as normal. We will keep all our COVID safety measures under review. I will be in touch with further information as soon as possible.

Yours sincerely

Ed Senior
Principal

Public Health England Advice

Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

What to do if your son or daughter develops symptoms of COVID 19

If you develop any symptoms of COVID-19, you should remain at home for at least **10 days** from the date when your symptoms appear. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 14 days.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school, nursery or public areas and exercise should be taken within the home.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you have symptoms, try and keep as far away from other members of your household as possible. It is especially important that you stay away from anyone who is clinically vulnerable or clinically extremely vulnerable with whom you share a household.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If you or anyone in the household does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live

with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available

at <https://www.nhs.uk/conditions/coronavirus-covid-19/>