

A LEVEL PHYSICAL EDUCATION



RECENT CHANGES TO PHYSICAL EDUCATION

To meet new regulatory requirements, all new A Level Physical Education specifications will consist of the following;

- Linear qualifications, with assessment at the end of the second year. 70% of the A Level will be assessed via written assessment.
- Optionality for this content has been removed. All content is now compulsory at both A Level.
- 30% of the A level will consist of Non Examined Assessment (practical). Candidates will only be assessed in one activity.
- Within the practical assessment candidates may only perform or act as a coach. The role of official has been removed.
- The number of sports that can be chosen from is now a set list published by the DfE.

OUR APPROACH TO TEACHING AND LEARNING

Building on our reputation for outstanding exam results;

- We have pioneered the 'flipped learning' approach whereby students access a pre prepared podcast prior to every lesson. This allows learners the opportunity to come to lessons prepared.
- We offer extensive revision sessions during holidays and weekends leading up to the exams
- We have a full series of revision podcasts on the Physical Education you tube channel
- We have a flexible teaching approach but understand the need to complete homework, respect deadlines and set high standards.
- We promote 'active learning' and ensure all lessons involve engaging activities that allow a deep understanding of the subject content

We have members of staff who are examiners and deliver at exam board revision conferences ensuring that subject knowledge is always of the highest level.

A LEVEL ASSESSMENT

Students will be assessed by three written examinations in the summer of year 2.

Component 1 – Physiological Factors Affecting Performance

Written examination: 2 hours

30% of qualification

This includes topics such as anatomy and physiology, exercise physiology and biomechanics

Component 2 – Psychological Factors Affecting Performance

Written examination: 1 hours

20% of qualification

This component focuses on the psychological factors affecting physical activities and sport.

Component 3 – Socio-cultural and Contemporary Issues

Written examination: 1 hour

20 %

This includes Sport, society and technological influences

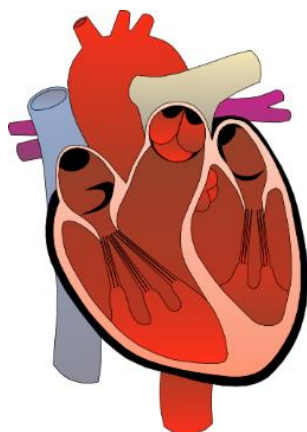
Component 5 – Practical performance (non-exam assessment)

Performance or coaching practical taken from approved activity list

15% of qualification

Component 6 – Evaluation and Analysis for Performance Improvement (non-exam assessment)

Verbally Identifying strengths and weaknesses in practical performance and producing an action plan for improvement



ENTRY AND SKILL REQUIREMENTS

What are the entry requirements for A Level Physical Education?

- Minimum of 5 GCSE's at grade 4 including GCSE Science at grade 4.
- Students must have a grade 4 in GCSE PE (Ideally a grade 5) if they studied it. However, studying PE at GCSE is not mandatory to study PE at A level.
- It is expected that you will be actively involved in a competitive sport

What if I don't meet the entry requirements for A Level Physical Education?

We offer level 3 BTEC's in Sport and Sport Science as well as level 2 BTEC in Sport



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