

# **LEVEL 2**

# **SPORT**



# OUR APPROACH TO TEACHING AND LEARNING

Building on our reputation for excellent resources:

- We place a strong emphasis on allowing students to carry out practical activities, not just to develop their practical skills but to provide them with a full range of learning experiences.
- We choose optional topics which allow learners to gain an insight into Sport and Physical Activity in the world of work.
- We have a flexible teaching approach but understand the need to complete homework, respect deadlines and set high standards.
- We use high-quality learning materials and which have been rated as excellent by our students.
- We have a range of online learning and assessment materials. All of your coursework is submitted electronically for marking.
- We have exceptional facilities and wide range of Sport and Physical Activity equipment to enhance your learning.

## UNIT INFORMATION

Unit 1: Fitness for Sport and Exercise (EXAM)

Unit 2: Practical Sports Performance

Unit 4: The Sports Performer in Action

Unit 5: Training for Personal Fitness

Unit 7: Anatomy and Physiology  
(EXAM)

Unit 9: Lifestyle and Well-Being

Unit 10: Injury and the Sports Performer

Unit 12: Sport and Active Leisure Industry

The BTEC Level 1/2 First Certificate in Sport requires 240 guided learning hours and is the equivalent of two GCSE's. The course comprises of 8 units, of which two are externally assessed exams.

## LEVEL 2 ASSESSMENT

- This course is assessed mainly through **coursework**, with **two** exams. The units are graded Pass, Merit and Distinction
- Re-submission of coursework - If you haven't performed at your best for your first assessment, you can improve your work and resubmit it again for assessment
- Re-examinations - You can re-sit an examined unit once before you complete the qualification

## PROGRESSION OPPORTUNITIES

Where all criteria are met, Level 2 students will have the opportunity to progress to a Level 3 course or may choose to enter the leisure industry.

## LEVEL 2 SPORT

The knowledge, understanding and skills learnt in studying a BTEC First will aid progression to further study and prepare learners to enter the workplace in due course. In the sport sector, typical employment opportunities may include working as a coach or as a fitness instructor. The level 2 course is ideal for students who do not initially gain qualifications for entry onto level 3 courses but who wish to focus their learning on an area of particular interest. This course will be studied in combination with other GCSEs or Level 2 equivalent.

You will develop professional, personal and social skills through interaction with peers, stakeholders and clients, as well as theoretical knowledge and understanding to underpin these skills. These support the transferable skills required by employers such as communication, problem solving, time management, research and analytical skills. You will practically apply your skills and knowledge in preparation for further study, apprenticeship or the workplace.

There is a wide range of assessed units with practical and project-based assessment opportunities, as well as examined units on the impacts of sport and physical activity on health and wellbeing and how to select appropriate sports and activities for different participants.

## ENTRY REQUIREMENTS

**What are the entry requirements for the Level 2 first certificate in Sport?**

- Minimum of four GCSE at grade 3 or BTEC Equivalents

*“Studying BTEC Level 2 Sport gives you the opportunity to improve your confidence and further develop your sporting knowledge”*

**CONTACT US:**

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