



Enrichment 2023

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CREATE YOUR
SUCCESS STORY



Worcester Sixth Form College

Take every opportunity to reach your full potential

I am delighted to introduce our Enrichment programme for the 2023-24 academic year and am proud to introduce one of the most comprehensive enrichment programmes you'll find at any Sixth Form. Enrichment forms a central part of your experience here at Worcester Sixth Form College, where it not only provides opportunities to develop friendships and have fun but also chances to learn new skills, gain experience and prepare for your future. By taking full advantage of our enrichment offerings, in addition to your academic studies, you will be well prepared for your next steps and will have plenty to talk about in your personal statements when applying for university or in applications for an apprenticeship or employment.

This guide outlines the different opportunities that you can take part in, which range from programmes to support those aspiring to the most competitive universities and courses through to programmes to help students prepare for careers in Teaching, Healthcare, Law and beyond. Subject extension enrichment is also available in addition to academies in the



Performing Arts and Sports. All in all, there are currently twenty-two different clubs, academies and programmes on offer and I think it's safe to say there's something for everyone.

One opportunity I'd especially like to highlight is our thriving Student Union where there are opportunities to get involved at every level, from the committee to volunteering at events. It's an invaluable way to develop new skills and have an impact on your College and is a great starting point for you to develop yourself and contribute to our College community.

Please do take time to review all the opportunities on offer and don't hesitate to sign up for some. It's best to try something than not try at all! You can choose to enrol in enrichment activities using the drop-down menu of the online application and these choices will then be discussed with you at your interview and confirmed at the start of the academic year when they will be added to your timetable.

If you have any questions about our Enrichment programmes please don't hesitate to contact us. We are always open to new suggestions to meet the interests and needs of our students so do let me know if you have new ideas!

Luke Moseley
Vice Principal



The Ambition Programme

The Ambition Programme is aimed at high achieving students who might want to apply to competitive universities. These include Oxford, Cambridge and Russell Group universities. Students who apply to these will usually have a good range of GCSEs at grades 7/8/9 (A/A*) or will have made substantial progress in their Level 3 studies.

We have an excellent reputation at Worcester Sixth Form College for helping students get places at top universities through careers and HE advice, the tutorial programme and subject-based guidance. The Ambition Programme enhances this support.

This is an enrichment course for one lesson per week and, because it is not subject-specific, is open to students doing any course combination.

The Ambition Programme will help you:

- Become more informed about university choices
- Make yourself an attractive applicant to a competitive university

We aim to inspire you to achieve your very best, to guide you in your research into university options and to help you develop confidence and flair in academic discussion.

The programme complements additional enrichment opportunities including Academies, Professional Programmes and the Extended Project.



How will Ambition help me find and take the next steps in my education?

The course enhances the support you will be given by tutors, Student Services and subject teachers with:

- Talks on how to research competitive university places
- Contact with admissions advisers at competitive universities including Oxford, Cambridge and Russell Group universities
- Support applying to Masterclasses, Summer Schools and subject days offered by top universities and help with applying for these
- Open Day visits to Oxford, Cambridge and Russell Group universities
- Advice on Oxbridge colleges from staff who know these universities well and from former College students
- Guidance on planning your independent research into university
- Psychological and emotional support from staff and students on the programme through group discussions, focus groups and tailored one-to-one support

How will Ambition help me make myself an attractive applicant to a competitive university?

- Practice at developing your thinking skills - learn techniques to improve your ability to think and argue more effectively
- Debates and discussions with enthusiastic students and staff
- Presentations on a wide range of topics
- Learning from and talking with visiting speakers
- Inspiration to extend your subject knowledge
- Advice on writing a top quality UCAS personal statement
- Preparing for university interviews
- Mock interview practice
- Supra-curricular skills building
- Support workshops and advice groups with a specialist tutor

We understand that social mobility is important in empowering young people to reach their highest potential. The Ambition Programme aims to provide opportunities for student success and encourage students to be ambitious in their chosen routes of progression beyond their sixth form studies. We are committed to raising aspirations and finding a right route for every student.



HE Plus Scheme

HE Plus is a collaborative project between the University of Cambridge and its colleges, working with state schools and colleges across the UK. The Worcestershire consortium has 9 participating schools and colleges and Worcester Sixth Form College is the hub institution and our link college is Christ's College, Cambridge. The HE Plus programme enables the most able students to participate in a programme of academic extension classes, subject masterclasses, information and guidance sessions.

The programme includes the following:

- Subject based lectures and extension sessions offered on a full range of subject areas by lecturers at Cambridge University, staff working within the consortium schools and colleges and by some external speakers
- Advice sessions run by Cambridge University staff covering a range of topics, such as how to improve your study skills, how to make the most of lectures and how to make a strong university application
- Academic poster project: "Academic posters" are an increasingly used feature of degree courses; you will be shown how to research and produce your own academic poster and be invited to submit your poster to a prize winning competition
- A limited number of spaces for an overnight trip to Christ's College Cambridge during the Spring Term for masterclasses and tours
- Applications from College will be sent to the HE Plus organisers at the Cambridge University Admissions Office. You will know near the start of November if you have been allocated a place

Student Profile



James Thatcher
Nunnery Wood High School

Worcester Sixth Form has been exemplary, not just in the huge range and depth of courses offered, but also in the high degree of support and additional opportunities available to all students. Whilst I chose to study

English Literature, Classical Civilisations, Politics, and History I have also been able to take part in numerous other options including the Extended Project which has given me insight into education at high performing universities as well as the freedom to engage with topics that interest me. Similarly I have been able to develop all areas of my interest, taking part in activities such as cross-college debates, subject Olympiads and courses run by universities.

Both the Ambition Program and HE Plus Scheme helped me to gain the confidence and skills to apply to a competitive university and the teachers behind these and my other subjects have been incredibly helpful in offering exemplary support and guidance for all aspects of the course. Not only that, but they help develop learners into mature and independently minded students able to progress to the next stage of education.

My four subjects have complemented each other and have helped me develop my understanding of advanced ideas and themes as well as important skills such as essay writing which will be vital for university.

After leaving College, I hope to study Ancient and Modern History at the University of Oxford – the application to which was strongly supported and encouraged by the College – to develop the skills and love for learning that I have developed at sixth form.

Why have a Maths Academy?

The Maths Academy came into existence for two reasons:

- The number of students gaining high grades for A Level Mathematics and Further Mathematics has increased in recent years. Courses at top universities are usually oversubscribed and they are finding it increasingly difficult to identify and select the most academically able students on A Level results alone
- Worcester Sixth Form College wishes to offer their most capable students the opportunity to gain breadth and depth in Mathematics beyond A Level specifications

Who should join the Maths Academy?

All students wishing to pursue a Higher Education course in Mathematics, Physics, Computer Science, Engineering or similar would be advised to enrol in the Maths Academy.

What do you get from the Maths Academy?

You will have timetabled sessions for 65 minutes a week for two years.

There are three main thrusts:

- developing skills in mathematical thinking and problem solving
- preparation for entrance examinations and interviews
- an introduction to some specialist topics of use beyond A Level



UK Senior Maths Challenge

The Senior Maths Challenge attracts about 80,000 students from schools and colleges in the UK. Questions are set that are searching and require understanding and not mere rote learning. Students are encouraged to enjoy mathematics as a serious activity where effort and attention yield genuine intellectual rewards and satisfaction.

Preparation includes:

- guidance with strategies for solving problems
- working through previous Challenge questions
- preparation for the BM01 when required

Each year approximately 1,000 students, of the 80,000 who enter, gain high enough scores to be invited to participate in the next stage, the BM01. About 100 high scorers are then invited to sit BM02. The results of BM02 are used to select a group of 20 students to attend a Training Session at Trinity College, Cambridge at Easter. Finally, 6 are chosen for the UK Olympiad Team to go forward to the International Olympiad in July.

Enrichment Topics

Students will be introduced to various mathematical topics that extend beyond the A Level syllabus. Some of these will provide an introduction to degree level study and others will give the students the opportunity to apply their mathematical skills to other subject areas.

We will look at the concept of infinity. Students will be shown Euclid's proof that there are infinitely many prime numbers. They will then explore different types of infinity. This will include Cantor's diagonal argument and discussion of Hilbert's infinite hotel.

Students will be introduced to Number Theory, setting the foundations for university study. They will meet modular arithmetic and develop their own proofs of statements about the natural numbers.

Another area of study will be Group Theory. This permeates many other areas of advanced mathematics. Students will be introduced to the concept of a group, with concrete examples being used throughout. They will see simple proofs of some of the properties of groups.

Other topics studied include game theory, probability simulation, fitting curves to data, limits and graph theory.

Interview Practice

Students are introduced to non-standard maths problems. Students start developing the skills necessary for tackling these as they are led through solutions. The sessions include group activities with students working on problems together. This encourages mathematical discussion, a great aid to understanding. There is also opportunity to present their individual ideas verbally.

STEP and AEA

Achievement in the Sixth Term Examination Papers (STEP) forms part of a conditional offer to read mathematics at an increasing number of top universities. This has led to more students attempting the papers. Questions require a high level of logical clarity and perceptive insight. The Examiner's Report states that many students find it very difficult and only achieve low scores. This is no doubt a result of very little support being timetabled for students in most schools and colleges. For many years we have run weekly STEP preparation classes throughout the second year, with good results. We have built up considerable expertise in this area.

STEP questions are unstructured. The skills learned when tackling them will help with interviews and progression on maths related university courses. They will be invaluable, even when STEP is not part of a conditional offer.

As an alternative to STEP, we also offer the Advanced Extension Award (AEA), which forms part of some university offers.



Student Profile



Izzy Hampton
Bishop Perowne CE College

I have always really enjoyed puzzles and problem solving, which are typically very heavily maths-related things. I applied for Maths Academy because it sounded like a new, exciting way of using maths such as solving puzzles and riddles, that were different from standard exam questions, and not an option at high school. The variety of things covered in the enrichment meant we were constantly learning different concepts that wouldn't usually be covered in the standard A Level Maths or Further Maths course. It also touched on topics that you wouldn't usually encounter until university, but they were taught in a fun, interesting way that was still accessible to us with our current knowledge of maths.

The enrichment also complimented my A Levels well, as a lot of the content did link to the topics I was studying in my Maths and Further Maths A Level. Also, an introduction into the concept of machine learning in one of the sessions, inspired me to try and implement an aspect of it within my games development project for my A Level Computer Science coursework. It has also tied in well with my future plans, as I would like to go on to study Computer Games Development/ Programming at university. This enrichment has helped enhance my curiosity with puzzles and problem solving skills, which are both very useful for developing code and programmed solutions.

For further information please contact
Maths staff on: 01905 362600 ext 650

Performing Arts Academy

The aims of the Performing Arts Academy are:

- To provide you with the opportunity to take part in performances in front of an audience
- To enrich your experience of the performing arts
- To gain a practical knowledge and understanding of performing
- To develop both personal and team working skills
- To enhance your CV and improve your prospects for entry into higher education

Activities

You will be involved in putting on the annual College production. Your role could be: dancer, singer, actor or musician, or you could be involved behind the scenes in stage, lighting or costume design.

The Performing Arts Academy is an enrichment option which will appear on your timetable alongside your academic studies. A detailed rehearsal schedule is given out when casting takes place in the autumn term.



How does this fit in with my academic programme?

Academy time will fit alongside your academic subjects to form your programme of study. As a large sixth form college with several sets in most subjects, we have the advantage of being able to offer you, not only a wide range of subjects, but also combinations not available elsewhere.

Entrance Requirements

- Ideally you should have some previous experience of performing
- Please talk to any teacher of Drama, Dance, Music or Performing Arts for further information
- Auditions will take place in the autumn term
- Make sure you opt for Performing Arts Academy at Course Confirmation

For the auditions, you will be asked to:

1. Prepare a monologue or duologue
2. Sing a short song of your own choice, which can be either unaccompanied or accompanied if you bring a score or backing track
3. Learn a few dance steps



Musicians will be asked to meet with the Director of Music and may be asked to play, so you should bring your instrument with you if possible.

Students Successes

Many of our students go on to study performing arts courses at university or dance, drama and music conservatoires. The College has also had a number of students accepted for the National Youth Theatre.

A former student, Kit Harington, has played the lead role in the National Theatre's Warhorse, the film Pompeii and is well-known for starring as Jon Snow in the TV series Game of Thrones.

"The College has also had a number of students accepted for the National Youth Theatre."



Student Profile



Eva Parkinson
Tudor Grange Academy Worcester

I chose to be a part of the Performing Arts Academy as I really enjoyed being involved in the school productions at high school and wanted to carry this on.

The Performing Arts Academy has helped develop my skills for the C-Tech Performing Arts course I take, but also encouraged me to be more confident, supported me outside of my comfort zone and I've met some of my closest friends through the enrichment.

After College, I am going to university to study Photography but hope to continue performing arts through a society.

Recent Productions

2021 - Chicago

2019 - Into the Woods

2018 - Cabaret

2017 - The War of the Worlds

2016 - Oh! What a Lovely War!

2015 - Dr Faustus

2014 - Lord of the Flies

2013 - Billy

2012 - Miss Saigon

2011 - We Will Rock You

2010 - Rent

2009 - Sweeney Todd

2008 - Guys & Dolls

2007 - West Side Story

For further information please contact
Performing Arts staff on: 01905 362600 ext 653

What are the Professional Programmes?

If you have a specific career in mind you may benefit from the College's suite of Professional Programmes. These enrichment options are a valuable opportunity to take part in an extended careers course which is additional to your studies and will help you to prepare for specific university level courses and careers.

Each of the following programmes will take place in one lesson slot a week for up to 16 weeks, depending upon your requirements.

What are the benefits?

All students who follow a Professional Programme will benefit from specific careers guidance, a programme of visiting speakers and the opportunity to gain first-hand experience of their chosen career areas through visits and work experience.

Where appropriate, you will be helped to prepare for Higher Education courses and a variety of additional tests that are used to select between able candidates in these increasingly competitive fields e.g. the Bio-Medical Admissions Test (BMAT), or the Law National Aptitude Test (LNAT).

Opportunities to develop skills

You will be timetabled for at least one session per week. This includes opportunities to develop the skills to:

- research career opportunities
- compare the structure of different courses
- produce an impressive personal statement
- manage the application process
- perform effectively at interview where appropriate

You will be helped to prepare for the variety of additional tests that are used to select between able candidates in some of these increasingly competitive fields, e.g. the UKCAT Clinical Aptitude Test or Skills Tests for teaching.

The student experience as a whole:

- The Professional Programme will run alongside your A Level and/or Applied courses
- You will review your progress regularly with your teachers and tutor
- Details about your participation in the Professional Programme can be used to enhance College references and the personal statement

that support your application to university

- Last year, all students who gave feedback felt that the programmes were beneficial

What vocational areas are covered?

- Law - Solicitors, Barristers and related professions
- Medicine
- Nursing, Midwifery and Paramedic Science
- Teaching

The Law Professional Programme

The College has an excellent reputation for supporting and extending our most able students, therefore, we are well placed to provide additional opportunities for students who wish to apply for a highly competitive course such as Law.

The programme involves one lesson per week and includes:

- presentations by visiting speakers on topics related to careers in Law, including admissions tutors and practising professionals
- visits to universities and places of work where appropriate e.g. through work shadowing
- support with your personal statement and interview techniques

The Medical Professional Programme

The College has an excellent reputation for careers guidance and support for students and is, therefore, well placed to provide additional opportunities for students who wish to apply for fiercely competitive Higher Education courses, including Medicine.

- The programme focuses on identifying skills for working in medicine. It also covers how to prepare for a successful university application
- Additional talks from admissions tutors, university departments, practising professionals and students who are currently applying for, or studying these subjects, at university

Participants in the Medical Professional Programme should have at least 4 GCSEs at grades 9/8 (or equivalent).



The Nursing & Midwifery Professional Programme

This programme will offer you extra opportunities that could get you noticed by admissions tutors or employers in an increasingly competitive world.

- The programme focuses on skills for Nursing & Midwifery. It also covers preparation for a successful university/apprenticeship application
- There are additional talks from practising healthcare professionals, university admissions tutors and students who are currently studying at university
- Work experience and/or volunteering is strongly encouraged and extra opportunities include trips e.g. to universities

The Teaching Professional Programme

This programme will be suitable for you if you are considering becoming a teacher or are interested in pursuing another professional role in education. You will opt for one lesson a week for:

- lessons with an experienced teacher. You will find out about routes into education, the nature of working in education and how to make informed choices about Higher Education institutions and courses
- additional talks from, e.g. admissions tutors, university departments, practising professionals and students
- opportunities for 1:1 interviews to discuss your career choices plus support with your personal statement and interview techniques

In addition you will have the opportunity to do work experience, participate in voluntary work and develop skills which will enhance your application, including practice with the new skills test.

Student Profile



Georgia Lydra

Blessed Edawrd Oldcorne Catholic College

In year 12, I decided to do the Law Professional Programme, in order to expand my knowledge of jobs in the legal profession and how I can progress into them after College. I am currently studying Law, Modern History, English

Literature and French, and through the programme have gained a better understanding of how skills of analysis and essay writing from these subjects will be extremely beneficial going forward.

One aspect that I found extremely useful was the fact that we had a variety of people from the legal field - barristers, solicitors and judges - who came in to talk and provided an insight into their legal journey and advice for us going forward. I have also been part of the HE Plus and Ambition Programme, which have aided my preparation for university applications.

After College I am going to study Law with French Law at university, where I intend to enter the legal field as a Barrister.

"The College has an excellent reputation for careers guidance and support for students."

**For further information please contact
Student Services on: 01905 362600 ext 635**

Science Enrichment Options

Whether you are interested in applying for a place at a highly competitive university, or simply wish to broaden your science background, our Science Academies can offer you a number of options. Select this as one of your enrichment choices on your application and this will form part of the discussions with you at interview. The Science department can provide further guidance at Course Confirmation in August/September if you wish.

BMAT and UKCAT

For students on the Medical Professional Programme (medicine, dentistry, or veterinary science) support is provided for the Biomedical Admissions Test (BMAT) and the UK Clinical Aptitude Test (UCAT) which are used by medical, dental and veterinary schools to select candidates.

In some of these lessons guest speakers will talk to students about a range of topics, such as science based careers, current areas of academic research and life at university.

Science Centre

The state of the art Science Centre has four additional science laboratories, as well as dedicated computing facilities.



Chemistry Challenge and Chemistry Olympiad

High achieving Chemistry students will be invited to take part in the Chemistry Challenge in their first year and Chemistry Olympiad in the second year. These competitions are run by Cambridge University and the top competitors nationally are invited to a summer school in Cambridge or could take part in the International Chemistry Olympiad.

Preparation sessions will take place weekly and involve problem-solving tasks, applying chemical knowledge to novel situations and planning and performing experiments.

Medic's Academy

This enrichment is for aspiring medics and for students interested in medically- related careers. The Medic's Academy will involve ethical discussions, case studies, additional dissections, uses of medical equipment and other aspects of interest, going beyond the current A Level specification. It is expected that alongside the Medic's Academy, students would embark on the medical Professional Programme and the Biomedical Admissions Test (BMAT) as a complementary weekly combination.

Biology Olympiad

High achieving Biology students will be invited to take part in the Biology Olympiad. These are advanced problem-solving competitions that test students' practical and theoretical skills. The competition brings together students from around the world to both challenge and stimulate their curiosity in the biosciences. It is an opportunity for students to expand their talents.

Physics Academy

Students will complete a research project. They will develop their data analysis skills, research skills and communication skills. They will have the option of completing research projects such as cosmic mining, where they have the option to analyse the data from stars forming and fading in our galaxy and beyond or Earth observation, where they use satellite data to investigate the effect of human advancement on the landscape of our changing world.



Student Profile



Stephani Dennis
Nunnery Wood High School

I chose to study the Medics Academy as an enrichment along with Biology because as well as being a requirement for entrance into Medical School, which I plan to do after College, the Medics

Academy will help me to set a solid foundation and learn about things we'll cover at Medical School to get an early feel of what I'm going in to.

I also study Chemistry and Physics so that I can cover all different aspects of science. Chemistry is also required to get into medicine and helps my wider understanding and knowledge.

Biology and the Medics Academy are both very enjoyable subjects with fun, practical endorsements and amazing facts and knowledge. I have also taken on BMAT and the Medics Professional Programme which have both provided great foundations for going into medicine.

In my opinion College offers a wide variety of options, resources and information to help you make the correct choice about your future.

For further information please contact
Science staff on: 01905 362600 ext 659

Fit academic study with sporting ambitions

Opportunities for students to study, practise and compete in sport have grown considerably in recent years, but there has been a missing component. Although there are now many courses in PE and Sports Science and opportunities to play in school and club teams, it has not been possible to combine study for qualifications with high quality day-time coaching fully integrated into a student's programme of study. Sports Academies now provide this. They:

- combine full-time academic study with sporting development
- provide regular high quality day-time coaching for individuals and teams
- bring together like-minded, motivated and talented young sports men and women
- integrate sporting development with fitness, dietary, health and technical guidance
- provide all-year support in a coherent programme
- enable participation in regular challenging fixtures and regional and national competitions
- provide use of specialist sports facilities and equipment

Flexible course choices

As subject and course choices at Worcester Sixth Form College are so broad and flexible, it has been possible to create a Sports Academy coaching programme in one of the timetable option blocks. This enables you to choose A Level or Applied courses in the other blocks, each containing many other subject choices. You can, therefore, follow a full programme including your sport.

In the time set aside for the Academy, you will meet with other students several times a week and, in addition, have Wednesday afternoons or non-College time to train, practise and compete in fixtures. The coaching programme is provided by Club, District or Regional coaches of national bodies and also by College staff and, where helpful, there is a close connection with a local sports club committed to youth development.

Sponsorship for the Academies is sought, where possible, and you will incur no direct costs.

The Athletics Academy

The Athletics Academy, with the support of a Level 3 qualified coach, provides both talented athletes, and those with potential, the opportunity to develop their skills in a well-equipped environment. It is also popular with athletes from other sports who wish to develop their fitness and undertake conditioning training.

What training is involved?

Training sessions focus on technical skills in a variety of events, physical conditioning (in the form of circuit training, weights, plyometrics and running sessions), and a theoretical programme which includes nutrition, mental preparation for competitions and lifestyle management.

How does this fit in with my academic programme?

Academy time will fit alongside your academic subjects to form your programme of study.

How will this help develop my particular specialism?

The Academy will not only enable you to enhance your athletic ability, but will also provide opportunities for you to compete in local, county and national competitions (in track and field and cross-country). Coaches and teachers work with students to help them achieve a balance between their commitment to sport and their academic study.

Competition

For the coming season students will have the opportunity to compete in County and Regional cross-country events and Athletics competitions.





The Basketball Academy

Coaching on the Basketball Academy is delivered by a Level 3 coach.

What training is involved?

Each week sessions focus on practical skills (technical and tactical ability), physical conditioning, lifestyle management and all aspects of coaching.

How does this fit in with my academic programme?

Academy time will fit alongside your academic subjects to form your programme of study. As a large sixth form college with several sets in most subjects, we have the advantage of being able to offer you not only a wide range of subjects, but also combinations unavailable elsewhere.

How will this help develop my basketball?

The Academy will enable you to enhance your technical ability.

Competition

The College Team competes in the West Midlands Championship, the West Midlands League and the National Association of Colleges (AoC) Cup.

The Football Academy

The Boys and Girls Football Academies, with the support of qualified English Football Association (UEFA B Licence coaches and links with the Worcestershire Football Association), provide players with the opportunity to experience quality coaching in a superbly equipped environment.

What training is involved?

Each week sessions focus on practical skills (technical and tactical ability), physical conditioning (SAQ, core stability and game-related fitness), lifestyle management and all aspects of coaching. All training is done within the normal College day (8.50am-4.10pm).

How does this fit in with my academic programme?

Academy time will fit alongside your academic subjects to form your programme of study. As a large sixth form college with several sets in most subjects, we have the advantage of being able to offer you not only a wide range of subjects, but also combinations unavailable elsewhere.

How will this help develop my football?

The Academy will enable you to enhance your technical, tactical and physical ability and give you access to a high standard of weekly competition.

Competition

The team plays in the top tier of the English Colleges Football Association West Midlands League.



The Hockey Academy

The Hockey Academy supports the growth and development of athletes from a variety of different abilities. With the support of a coach with over 10 years experience of National League hockey, and as a coach of the GB Colleges hockey team, players will benefit from quality coaching which will encourage creative hockey skills and develop life skills that will enrich all aspects of daily life.

What training is involved?

Each week sessions focus on practical skills (technical and tactical ability), physical conditioning, lifestyle management and all aspects of coaching.

How does this fit in with my academic programme?

Academy time will fit alongside your academic subjects to form your programme of study. As a large sixth form college with several sets in most subjects, we have the advantage of being able to offer you not only a wide range of subjects, but also combinations unavailable elsewhere.

How will this help develop my hockey?

Several players have represented England or are currently in national training squads. In the last few years, the College has had 11 representatives in the British Colleges National Hockey Squad (Boys and Girls), and had players in the medal winning teams in the Association of Colleges (AoC) National Championships.

Competition

The College has a boys, girls and mixed team that play in the AoC West Midlands competitions.



The Netball Academy

The Netball Academy, with the support of experienced coaches, provides players with the opportunity to develop their potential alongside other talented individuals (County and Talent Squad). It also enables the players to develop their knowledge and understanding of how to fulfil their potential.

What training is involved?

Each week sessions focus on fitness development including core stability, plyometrics, technical and tactical skills, and all aspects of coaching. All training is done within the normal College day (8.50am-4.10pm).

How does this fit in with my academic programme?

Academy time will fit alongside your academic subjects to form your programme of study. As a large sixth form college with several sets in most subjects, we have the advantage of being able to offer you not only a wide range of subjects, but also combinations unavailable elsewhere.

Competition

The College netball team play in the Association of Colleges (AoC) West Midlands League and Cups as well as the National Cup.

The Rugby Academy

The Rugby Academy provides players with the opportunity to experience quality coaching in a well-equipped environment. Each week training sessions focus on practical skills (technical and tactical ability), physical conditioning, lifestyle management and all aspects of coaching.

How does this fit in with my academic programme?

Academy time will fit alongside your academic subjects to form your programme of study. As a large sixth form college with several sets in most subjects, we have the advantage of being able to offer you not only a wide range of subjects, but also combinations unavailable elsewhere.

How will this help develop my rugby?

The Academy will enable you to develop your technical ability and give you access to weekly West Midland Colleges League and National Cups.

Academy players participate in a number of national competitions and in the past several years have been selected for County, Regional and National teams.



Student Profile



Millie McCormick
Nunnery Wood High School

I chose to study PE because I really enjoyed studying it at GCSE and have always been involved with sport. The subject has really allowed me to expand my knowledge and develop a variety of skills which will aid me in my future studies. I also study Philosophy, Ethics and Religion which helps my essay writing skills and with discussing topical issues in sport and society and Psychology which links to theories of learning.

I'm also part of the Hockey Academy which allows me to apply my PE knowledge to real situations and I could also use footage of my College games for my practical assessment. I chose to take part in the Hockey Academy as it sounded like a good opportunity to have a break from studying as it is incorporated into my timetable. Also, also the competitive aspect of playing against other colleges in a mixed league was a good change from just playing in a women's league at my club. Sports academies are a great chance to meet new people with shared interests in sport.

What do you need to do next?

- Select the Rugby Academy on your online College application form
- Watch out for news about the development of the Academies as negotiations are continuing with clubs, regional and national sports bodies, and with sponsors

For further information please contact
Sports staff on: 01905 362600 ext 654

Top universities often prefer students who show they are keen to 'think outside the box' and develop new skills and interests. It is vital that you make the most of your talents, skills and experiences to secure a place. Taking part in enrichment is also a great way to meet new people with similar interests, make new friends and have fun. At Worcester Sixth Form College, we offer a wide range of enrichment opportunities to help students achieve this.

Classics Club

What's the point of studying what people did or said 2000 years ago or more? If the 20th century seems long ago to you, try imagining what the world looked like to people in Athens in the 5th century BCE. The Classics Club engages vividly with such a distant time, and you will be able to see your own world with fresh eyes.

Classics was interdisciplinary long before the word 'interdisciplinary' existed. Learning about ancient societies provides you with the opportunity to explore a wide range of different disciplines, eg. philology, literature, drama, archaeology, art and architecture, history, philosophy, natural science and gender studies to name but a few. It will also give you valuable insight into the beginnings of almost any subject you can study at WSFC.

Classics Club will be part-led by Year 13 students of Classical Civilisation. There will be lectures, discussions, and activities on a different topic each week, such as the afterlife in Roman religion, Pompeii and the eruption of Vesuvius, free standing sculpture, the Julio-Claudian dynasty of Roman emperors, food, the Greek alphabet, Attic comedy, Plautus and Panto, the monstrous female in Greek theatre.

College Magazine

Students can be involved in the set up and running of a new College magazine. Students will design, photograph, collate and write material for the publication which is produced by students for students.

Computer Games Design

The computer gaming industry has grown to become the UK's most lucrative entertainment sector, contributing over £2.2 billion to the economy. The Computer Games Design Club gives students an opportunity to develop their interests in this area, learning key industry skills as well as extending their experience and enhancing their CV's, making sure they stand out from the crowd in a competitive jobs market. Over the course of the year the club will cover topics including: Tutorials;

Mechanics; Atmosphere; Sound & Visuals; Types of game design; Game development pipeline; Teaching and guiding the player; What makes a game fun?; Difficulty in games, getting it right; Moral and ethical messages and meaning for and in video games.

Creative Writing

Our creative writing workshops offer students the chance to experiment with their own short stories, poems, plays, and even novels. A collaborative experience, the workshops allow students to share ideas and be inspired by others, as well as develop their own skills. The end point is an individual creative writing project which is entered for an externally-judged competition.

Debate Society

Are you passionate about the big issues in society? At debating, we discuss what matters to you! You will master the art of public speaking - whether you are an experienced expert or a nervous novice. You will learn the power of persuasion, something you can use in your favour when you have to sell yourself to universities and employers. The debates are always really entertaining and humour is encouraged and always appreciated.

Duke of Edinburgh Award Scheme

The College has for many years run a successful Duke of Edinburgh award scheme programme where students can opt to pursue the Bronze, Silver or Gold level awards. The Duke of Edinburgh Awards are highly recognised and respected qualifications and by joining the Duke of Edinburgh Award enrichment group students work towards their award while experiencing life-changing expeditions where many students meet lifelong friends. Students new to the award can start at the Bronze level while those who have achieved Bronze can progress to Silver or Gold.

Mental Health Peer Awareness

We believe that it is important that we talk about mental health and break down the stigma surrounding it. The Mental Health Peer Awareness Group consists of students who have received training from the University of Worcester and are available if their peers need someone to talk to. They also support Mental Health Awareness events in College.

Student Ambassadors

Ambassadors are students who volunteer their free time to support College events. From Induction Days to Open Events, they have many opportunities to get involved! Student Ambassador hours can be added

to build up a significant profile of voluntary work as part of the College enrichment programme. Student Ambassadors are valued by staff and enjoy making new friends in this key role.

Student Union

The Student Union represents the voice of the College's students and plays a significant role in consulting with senior leaders helping to make active changes in College. Not only do you get to influence the way the College is run, you also gain experience and skills for your CV and/ or UCAS application. Student Union supports and funds a wide range of student-led activities such as charity fund raising events for local, national and international charities such as St Richard's Hospice.

Voice Classes

1:1 Vocal Coaching - 30 minute lessons offering tuition across numerous genres including Pop, Musical Theatre and Operetta. Lessons cover vocal technique, acting through song, and audition technique. They are delivered by a professional vocalist working within the industry. Opportunities for examinations are available if required.

Repertoire Classes - Ensemble and solo singing covering technique, harmony work and staging numbers. There is a vested interest in musical theatre although the group often cover popular and folk music numbers.

Technique Class - An opportunity to gain experience and develop confidence in your voice through group singing and technique. The material used varies from 60's pop to current day chart hits.

Work Experience

Today's job market is extremely competitive, therefore, a high percentage of our students participate in work experience or volunteering placements to enhance their employability skills and support their future plans. We have strong links with local employers, and can offer students comprehensive support to find relevant and bespoke placements.

Young Enterprise - Company Programme

The ultimate enterprise experience. Students are mentored by a Young Enterprise Business Adviser and Business teacher to set up and run their own real company over a year. Learning is inside and outside of the classroom and covers the key aspects of business - considering & developing ideas, marketing, sales, managing finance and human

Student Profile



Emily Williams
Nunnery Wood High School

I was initially apprehensive about joining the Debate Society, however I decided to give it a go as I believed it would complement my studies and boost my confidence. Although my enthusiasm for debate partially came from studying Politics, Economics and History, it's important to note that it is indiscriminate of skill level and subject choice. Everyone starts with little experience and improves through training and practice and our differing perspectives are what help to make the debates so interesting. You will meet likeminded people who respect your opinions, making each session extremely friendly despite the competitive nature. As the Chairwoman of the Society, I ensure everyone is supported and valued and that we discuss the issues our members are most interested in. I now look back at my decision to join with gratefulness as it has allowed me make friends with people I wouldn't have met, deepen my love for my academics and develop my leadership and public speaking skills.

resources. Students can participate in Young Enterprise trade fairs and a range of competitions against students from other colleges and schools, locally and nationally, promoting and selling their products to hopefully make a profit.

Additional awards can be won through successful participation in trade fairs and the Company of the Year competition - e.g. Best Trade Stand, Most Innovative Product, Creative Marketing and Best Company - these have been won by our students in recent years.

You will go through a selection process to become a member of the Young Enterprise Company as it requires not just attendance at enrichment lessons, but also commitment to complete tasks between meetings and participate in trade fairs and competition events which are held in the evenings and at weekends (normally 3 or 4 throughout the year).

CREATE YOUR
SUCCESS STORY

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